



# SAMPLE ANALYSIS TOOLS

## The DOPE Test - Personal Behaviour Indicator

Read each statement quickly and put a "y" in the non-coloured column if that statement DEFINITELY applies to you, and put an "n" in the column if you disagree with the statement or if the statement isn't totally true for you. See the example for how to complete. Remember, the test will only be accurate if you're honest with yourself - so complete the test based on what you actually think and feel, not on how you think you should or want to feel or behave.

Statement	Do you agree with this statement?			
<b>Example:</b>				
I like people who are direct				
I pride myself in being cautious				
I could be considered contented, loyal, accommodating and mild.	y	n	y	n
I can sometimes be subjective in my description of things				
<b>Start your DOPE test here...</b>				
I like people who are direct and to the point		n		n
I pride myself in being cautious				
I could be considered contented, loyal, accommodating and mild.	y		y	
I can sometimes be subjective in my description of things				
When getting other people to do things I am patient	y			
I could be considered popular, social, trusting and responsive.			n	
I can sometimes be slow to offer an opinion	y			
I don't care that I'm an impatient person				n
I could be considered cordial, affectionate, friendly and joyful.			y	
I like people who are friendly			y	
People think I'm a good listener	y			
I could be considered considerate, earnest, sympathetic and generous.	y			
People think that I am dependable	y			
I generally need to be with people			y	
I do my best work when doing what I am told	y			
One of my biggest fears is that someone will take advantage of me				y
People think I'm a good talker			n	
I could be considered logical, systematic, objective and disciplined.		y		
One of my biggest fears is being criticised for my mistakes		y		
People think I get results				n
I could be considered calculating, exacting, accurate and precise.		n		
One of my biggest fears is change	n			
I feel good when I am smooth and poised			y	
I could be considered cautious, conforming, consistent and adherent.		y		
When I am under pressure I think that positive thinking helps			y	
I work best with other people			y	
I see life as a competitive process			y	n
One of my biggest fears is hurting people's feelings			n	
I feel good when I am in control				y
I could be considered calm, devout, contemplating and organised.		y		
I am a positive thinker			y	
I feel good when I am following an agenda		y		
I could be considered outspoken, self-reliant, daring and restless.				n
I am generous	y			
I feel good when I am listening to others	y			
I could be considered determined, stubborn, persistent and forceful.				n
My friends sometimes accuse me of not listening				n
When getting other people to do things I want action in a hurry				n
My friends sometimes accuse me of being overly cautious		n		

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Statement	Do you agree with this statement?			
	Yes	No	Yes	No
When getting other people to do things I want a quality job		Y		
I think systematically		Y		
I work best when things are organised		Y		
I could be considered firm, decisive, bold and assertive.				2
I am self-reliant				2
I work best in a pleasant environment	Y			
I could be considered eager, inquisitive, direct and adventurous.				2
People think that I am accurate with facts and figures		Y		
My friends sometimes accuse me of procrastinating	2			
I do my best work when working with others			2	
People think that I am enthusiastic			2	
I generally need to be given time to adjust to change	2			
I do my best work when following the rules		2		
I like people who are accurate		2		
People think I'm a perfectionist		2		
I could be considered willing, manageable and serving.	Y			
When I am under pressure I think that a logical approach is necessary		2		
I generally need to be encouraged		2		
I see life as an exercise in patience and tolerance	2			
When I am under pressure I remain calm	2			
I work best in an environment that is free				Y
I see life as helping others			2	
I can sometimes be too precise in my interpretations		2		
When getting other people to do things I help as much as possible			Y	
I could be considered optimistic, jovial, playful and enthusiastic.			Y	
People think that I am direct and to the point				2
My friends sometimes accuse me of talking too much			2	
I do my best work when working by myself				2
I can sometimes be blunt				2
I am generally satisfied with my lot in life	2			
I could be considered expressive, talkative, participating and convincing.			2	
When I am under pressure I feel challenged and I love it!				2
I generally need to be given frank directions				2
I see life as a step by step process		Y		
I like people who are loyal	Y			
I pride myself in being optimistic			Y	
I could be considered kind, modest, obedient and unselfish.	Y			

Now, add the total number of "y" in each column:

No. of "Y"	14	12	12	6
No. of "N"	5	7	7	13

Now add the total number of "n" in each column:

Now take the No. of "N" from the No. of "Y":

"Y" minus "N"	9	5	5	-7
	Dove	Owl	Peacock	Eagle

Now plot these results on the graph below.

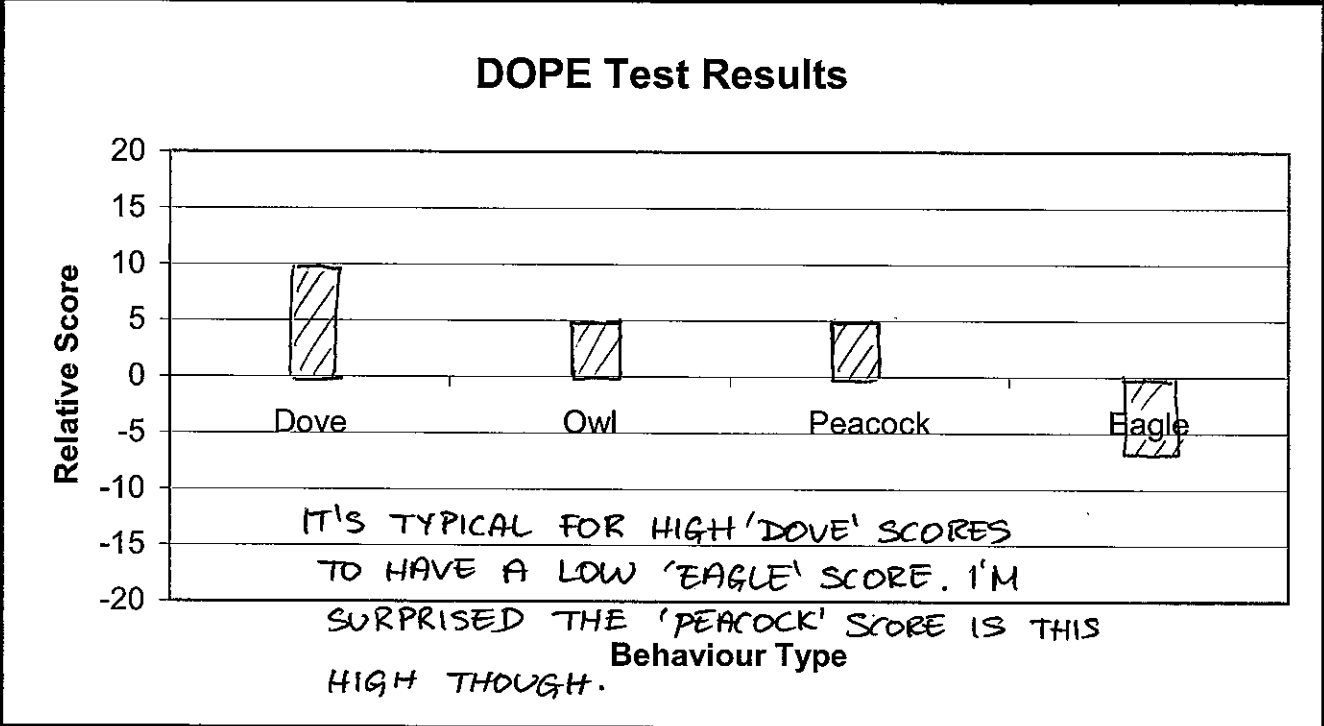
(See the example below/ on the next printed page)



# The DOPE Test - Personal Behaviour Indicator

Read each statement quickly and put a "y" in the non-coloured column if that statement DEFINITELY applies to you, and put an "n" in the column if you disagree with the statement or if the statement isn't totally true for you. See the example for how to complete. Remember, the test will only be accurate if you're honest with yourself - so complete the test based on what you actually think and feel, not on how you think you should or want to feel or behave.

Statement	Do you agree with this statement?
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**Interpretation:**

What behaviours are above the line? *Dove, owl & peacock*

What behaviours are below the line? *Eagle*

Are any behaviours above the line more dominant than others? *Dove*

Are they all much the same? *Owl & Peacock the same*

Behaviours above the line indicate preferred behaviours, whereas behaviours below the line are the ones that you don't show any preference towards and would be considered 'uncharacteristic for you'.

It's not unusual to have 2 (or sometimes 3) behaviours with a similar strength. In this case, it just shows that you are 'well balanced' from a behaviour point of view and exhibit characteristics of several behaviour types.

Read the descriptions for all behaviour types - do you agree? *Yes!*

Read the information on your preferred behaviour patterns (the biggest ones above the line) to learn about your 'needs and wants', and how you can use this information to improve your life's performance and your relationships with other people.

Don't agree with the outcome? Make sure you were completely honest and only said "y" to the statements that DEFINITELY describe how you feel/ think. If any were 'doubtful', change these to "n" and recalculate.



# Howard Gardner Multiple Intelligence - Test

Read each statement quickly and put a "y" in the non-coloured column if that statement DEFINITELY applies to you, and put an "n" in the column if you disagree with the statement or if the statement isn't totally true for you. See the example for how to complete. Remember, the test will only be accurate if you're honest with yourself - so complete the test based on what you actually think and feel, not on how you think you should or want to feel.

Statement	Do you agree with this statement?							
			N		Y			N
<b>Example:</b> I think best when doing something physical like jogging I have always dreamed of being a musician or singer I am deeply saddened by the state of climate change and animal extinction/ cruelty I prefer to see drawings and diagrams of how things work			N		Y			N
I think best when doing something physical like jogging								
I have always dreamed of being a musician or singer			2					
I am deeply saddened by the state of climate change and animal extinction/ cruelty								2
I prefer to see drawings and diagrams of how things work				Y				
My pet is also one of my best friends - I couldn't bare to be without them.								2
I like taking photos				2				
I remember facts, figures and formulas easily		Y						
I learn best by practicing skills, rather than reading about them or having someone show me.					Y			
I sing in the shower and often sing to myself			Y					
I always ask "Why" rather than what or how								2
I enjoy scary movies and thrilling rides - I'm a bit of a dare-devil					Y			
I prefer to read the newspaper or listen to the radio rather than watch TV.								
I enjoy reading, debates and discussions	2							
People often come to me for a chat							2	
I would prefer to go to the opera or concert			2					
I would rather go to a party or social gathering than sit at home by myself							2	
I can work out mechanical things and how to fix them					2			
I like forming rational explanations of events		Y						
I have hobbies or play sports that involve only me						Y		
I can visualise how things would look from a different angle								2
At school I really enjoyed biology and natural sciences like geography					Y			
I am sensitive to colour and aesthetics					Y			
At school, I found English and social studies like history easier than maths and science	Y							
I fidget and can't still for long					Y			
I'm good at throwing and catching						2		
I always read the instructions first				Y				
I am good at debates and resolving disputes							2	
I find that music affects my mood - I'm happy when I sing, sad songs make me sad, etc.				Y				
I am fascinated by philosophical questions like "what is the meaning of life?"								2
I'm good at using my hands and enjoy hobbies like timberwork, craft, etc.						2		
I listen to grammar and choice of words when talking to someone	Y							
I'm a diligent recycler and strive to reduce energy and water use where I can								2
I enjoy art and seem to be able to arrange artwork just right					Y			
I often reflect on events and question what they mean								Y
I like to learn about myself and my feelings							Y	
I get a buzz out of writing a good piece, or being recognised for good writing	Y						2	
I see counselling and mediation as beneficial ways of self-reflection							2	
I have an impressive collection of music that I couldn't bare to part with			2					
I get upset when other people are upset							Y	
I like watching science/nature documentaries							Y	
I enjoy jigsaw puzzles and other visual puzzles				Y				
I have a library of books that I couldn't bare to part with	2							
I enjoy challenging experiences and activities					Y			
I like to spend my spare time outdoors doing something					Y			
My friends think I have a computer-brain		2						
I am a natural leader and can get people to come around to my train of thought								2
I play a musical instrument			Y					
I have lots of pictures and photographs in my house				2				
At school I really enjoyed sciences like astronomy and creation/ evolution.								2
I like spending time alone						Y		
I can do maths in my head	Y							



# Howard Gardner Multiple Intelligence - Test

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Statement	Do you agree with this statement?						
I am realistic about my abilities and limitations							Y
I can read and interpret maps easily - I never get lost					Y		
I am a very social person							Y
I find it easy to remember quotes and phrases and weave them into conversations	N						
I can easily pick up on people's feelings and body language						Y	
I can sing in tune and tell when a note is off-key							Y
My friends think I'm a bit of a green thumb			Y				N
As a kid I used to hold 'concerts' for my family			Y				N
My friends think I think too much							N
I love sport and physical activity					N		
I am good at cross words, scrabble and other word puzzles and games	N						
It is easy for me to make up stories	N						
I am in touch with my feelings and know how I would react in different situations						Y	
I can manage a budget easily		Y					
I really appreciate a beautiful landscape, view or well designed garden							Y
I value close friendships						N	
I often see images when I dream or close my eyes				Y			
I find it easy to see how science is part of everyday life							Y
I would rather work alone than as part of a team					N		
I enjoy a wide range of music and can appreciate the different styles/ musicians.			Y				
I like watching documentaries on the great philosophers and philosophical debates							N
I am a bit of a loner					N		
I'm good at puzzles that require logic such as chess, checkers and Sudoku		N				N	
At school I was good at maths and physics (and I enjoyed it)		Y					
I think a lot about life and my future						Y	
I often use maths and logic to solve problems, eg is it cheaper to buy a certain product in bulk?		N					
As a kid I used to really enjoy catching butterflies, frogs and watching insects							N
I enjoy personality profiling tests and other ways of finding out about myself						Y	
I can't understand people who can't think rationally or logically. Logic is so logical.		Y					
I prefer team sports to individual ones						N	
At school I enjoyed geometry and art subjects				Y			
I regularly write in a personal diary or journal					N		
I like to know how things work		N					
People think that I crave attention - I seem to like the lime-light						N	
I usually play background music							
I often have a song, jingle or other piece of music in my head			Y				
I find it easy to identify different types of plants and animals				Y			N
I tend to doodle				Y			
I systematically work through problems		Y					
I can pick up foreign languages easily	N						
I would rather work as part of a team than on my own						Y	
At school my favourite subject was music				N			
I have always dreamed of being a vet, botanist, geologist, archaeologist, etc.				Y			N
I understand graphs and charts							Y
I would rather be outdoors, and preferably out of the city.				Y			
I never read instructions					N		
I have always dreamed of being a writer/ editor.	N						
I love being with other people						N	
I am very coordinated and am good at sports					N		
I talk to myself	Y						
I would rather go somewhere quiet than go to a party or noisy pub							



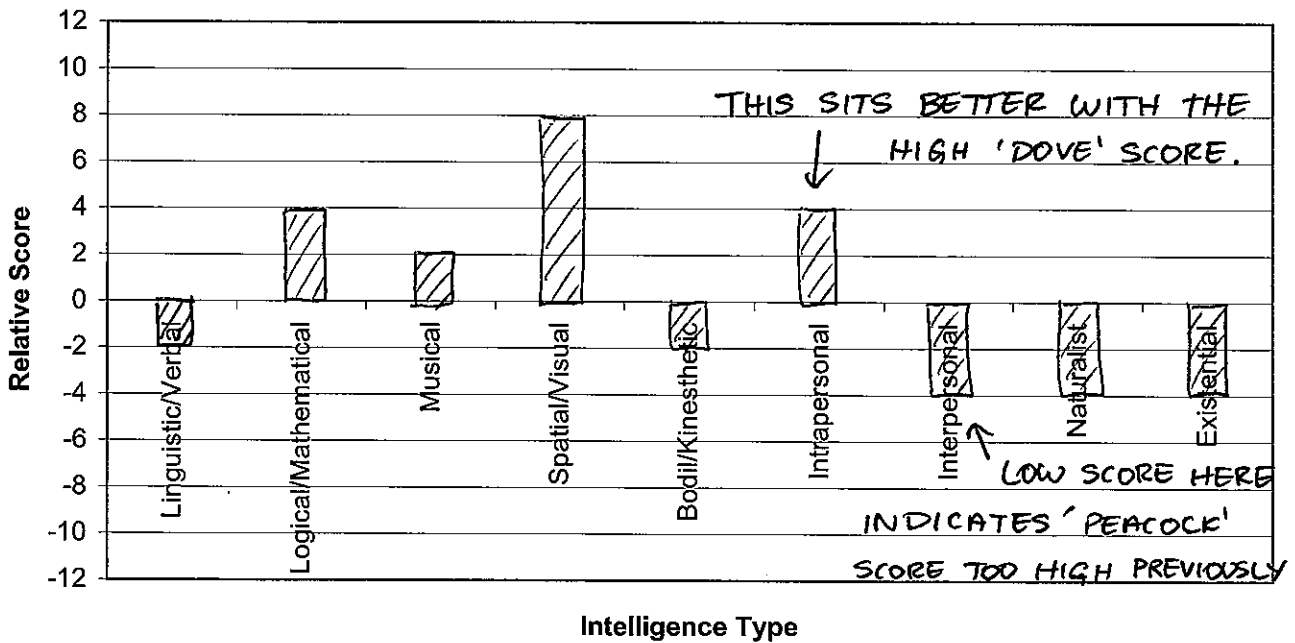
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Statement	Do you agree with this statement?									
Now, add the total number of "y" in each column:	No. of "Y"	5	8	7	10	5	8	4	4	1
Now add the total number of "n" in each column:	No. of "N"	7	4	5	2	7	4	8	8	5
Now take the No. of "N" from the No. of "Y":	" minus "N"	-2	4	2	8	-2	4	-4	-4	-4
	Linguistic/Verbal	Logical/Mathematical	Musical	Spatial/Visual	Body/Kinesthetic	Intrapersonal	Interpersonal	Naturalist	Existential	

Now plot these results on the graph below.  
(See the example below/ on the next printed page)

Howard Gardner MI Test Results



**Interpretation:**

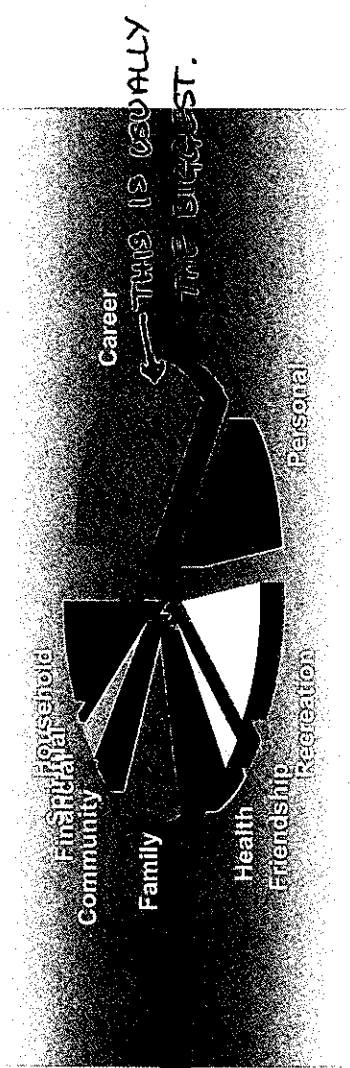
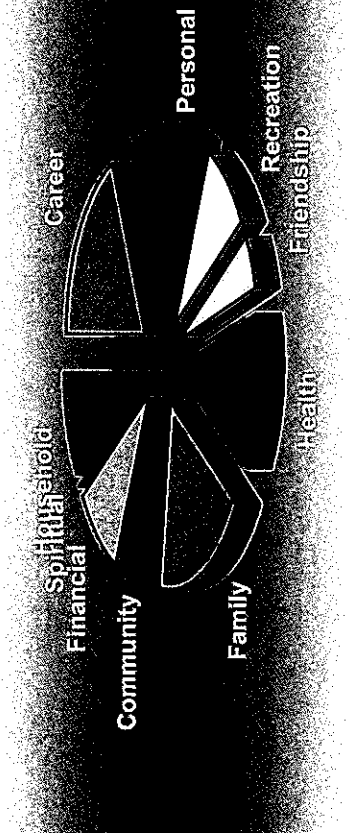
What intelligences are above the line? *Logic, music, spatial, intrapersonal*  
 What intelligences are below the line? *Verbal, bodily, interpersonal, naturalist, existential*  
 Are any intelligences above the line more dominant than others? *Spatial*  
 Are they all much the same?

Intelligences above the line indicate preferred intelligences, whereas intelligences below the line are the ones that you don't show any preference towards and would be considered 'uncharacteristic for you'.

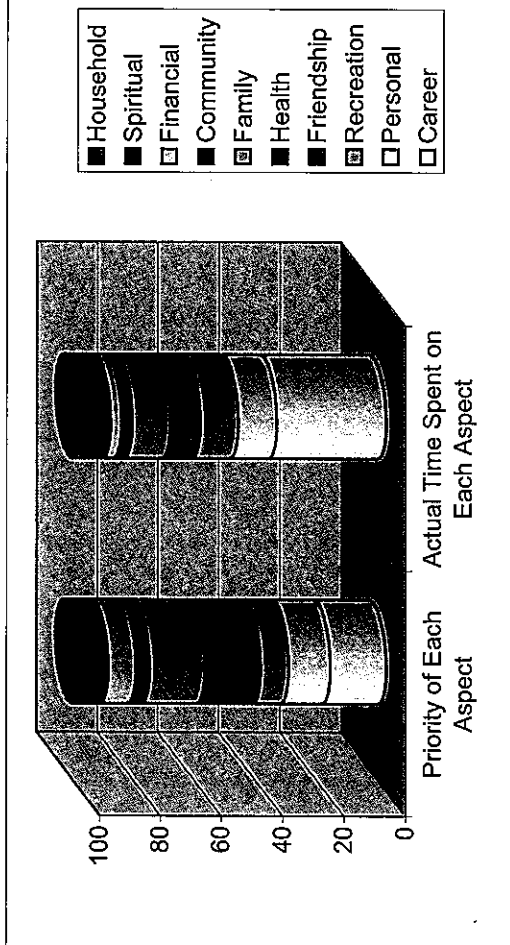
It's not unusual to have 3 (or sometimes 4-5) intelligences with a similar strength. In this case, it just shows that you are 'well balanced' from an intelligence point of view and exhibit characteristics of several intelligence types.

TYPICAL OUTPUT FROM "LIFE ASPECT & EFFORT  
PIE"

### Comparison of Life Importance Versus Effort

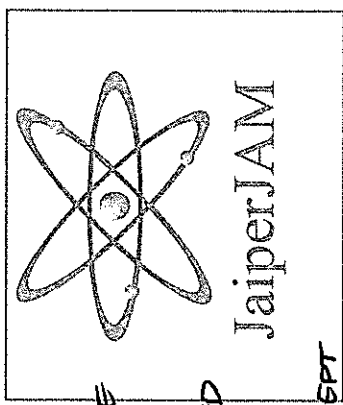


### Importance of Each Life Aspect



### Actual Effort Spent on Each Aspect

THIS IS JUST ANOTHER WAY OF VISUALISING THE ASPECTS & EFFORT.

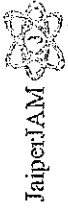


HIGH SPATIAL/VISUAL SCORE ON HGMI TEST MEANS THAT THESE GRAPHS HELPED THIS PERSON A LOT WITH UNDERSTANDING THIS CONCEPT

# SWOT Analysis

Date: .....

Life Aspect: ..... Finances .....



<ul style="list-style-type: none"> <li>• What are your abilities, skills talents in this area?</li> <li>• Do you have any specialist knowledge?</li> <li>• What resources do you have? Who can you ask for help?</li> <li>• What is already working well in this area?</li> <li>• What personal traits are strengths in this area?</li> <li>• Do your intelligence preferences indicate a strength in this area?</li> </ul>	<p><b>S</b>trengths:</p> <p>Logical brain          Good understanding of how finance works.          Good income to work with.          'Owl' traits &amp; behaviours will help, as will Logical intelligence.</p>	<p><b>W</b>eaknesses:</p> <p>No discipline with spending.          'Head in sand' approach to finances generally.</p>	<ul style="list-style-type: none"> <li>• What are your main limitations in this area?</li> <li>• What skills/ abilities are needed that you don't have?</li> <li>• Are there any resources (money, time, help) that you need?</li> <li>• What is not working in this area right now?</li> <li>• What personal traits are weaknesses in this area?</li> <li>• Do your intelligence preferences indicate a weakness in this area?</li> <li>• Does your motivational need level according to Maslow indicate a deficiency?</li> </ul>
<ul style="list-style-type: none"> <li>• What opportunities have you been?</li> <li>• Do your personality traits indicate any new opportunities?</li> <li>• What could you improve in this result area?</li> <li>• How can you take advantage of your strengths?</li> <li>• Do you have any weaknesses that may impede these goals?</li> <li>• What major change do you need?</li> <li>• Are there any special tools you can?</li> </ul>	<p><b>O</b>pportunities:</p> <p>Career aspirations → better pay.          Rely on logical brain          Budget! and invest.</p>	<p><b>T</b>hreats:</p> <p>Lose job or change to lower paid job.          Current risk of overspending.          Need to learn on logical mind to overcome these threats.          Need to watch tendency to keep my head in the sand.</p>	<ul style="list-style-type: none"> <li>• What external threats (changes to income, events, etc) could affect you negatively? How</li> <li>• Are you facing any risks in this area if you continue along your current path?</li> <li>• What obstacles or roadblocks are in your way?</li> <li>• Do your personality traits indicate hidden threats?</li> <li>• Do any of your weaknesses increase the level of these threats or the impact?</li> <li>• What strengths do you have that could help you reduce the identified threats?</li> </ul>

# SWOT Analysis

Date: .....

Life Aspect: ..... Health & Fitness .....



<ul style="list-style-type: none"> <li>• What are your abilities, skills talents in this area?</li> <li>• Do you have any specialist knowledge?</li> <li>• What resources do you have? Who can you ask for help?</li> <li>• What is already working well in this area?</li> <li>• What personal traits are strengths in this area?</li> <li>• Do your intelligence preferences indicate a strength in this area?</li> </ul>	<p><b>S</b>trengths:</p> <p>Understand diet &amp; exercise concepts.          Have ability to implement diet.          No physical ailments to stop exercise.</p>	<p><b>W</b>eaknesses:</p> <p>Never been into sport or exercise.          No discipline/will power when it comes to snacking.          Other commitments on time.          Energy level.          Need 'training' buddy.</p>	<ul style="list-style-type: none"> <li>• What are your main limitations in this area?</li> <li>• What skills/ abilities are needed that you don't have?</li> <li>• Are there any resources (money, time, help) that you need?</li> <li>• What is not working in this area right now?</li> <li>• What personal traits are weaknesses in this area?</li> <li>• Do your intelligence preferences indicate a weakness in this area?</li> <li>• Does your motivational need level according to Maslow indicate a deficiency?</li> </ul>
<ul style="list-style-type: none"> <li>• What opportunities have you been?</li> <li>• Do your personality traits indicate any new opportunities?</li> <li>• What could you improve in this result area?</li> <li>• How can you take advantage of your strengths?</li> <li>• Do you have any weaknesses that may impede these goals?</li> <li>• What major change do you need?</li> <li>• Are there any special tools you can?</li> </ul>	<p><b>O</b>pportunities:</p> <p>Need to commit to diet &amp; exercise program          Rely on logical brain to prepare program &amp; rationale.</p>	<p><b>T</b>hreats:</p> <p>Energy level to exercise          Lack of time due to work/family          Not into sport anyway.          Health change? Will get worse the longer I put it off.</p>	<ul style="list-style-type: none"> <li>• What external threats (changes to income, events, etc) could affect you negatively? How</li> <li>• Are you facing any risks in this area if you continue along your current path?</li> <li>• What obstacles or roadblocks are in your way?</li> <li>• Do your personality traits indicate hidden threats?</li> <li>• Do any of your weaknesses increase the level of these threats or the impact?</li> <li>• What strengths do you have that could help you reduce the identified threats?</li> </ul>

# SWOT Analysis

Date: ..... Life Aspect: ..... Family: .....

<ul style="list-style-type: none"> <li>• What are your abilities, skills talents in this area?</li> <li>• Do you have any specialist knowledge?</li> <li>• What resources do you have? Who can you ask for help?</li> <li>• What is already working well in this area?</li> <li>• What personal traits are strengths in this area?</li> <li>• Do your intelligence preferences indicate a strength in this area?</li> </ul>	<p><b>S</b>trengths:</p> <p>Healthy family!</p> <p>Priority for family is high.</p> <p>Mum &amp; dad can help with kids to give us a break.</p> <p>Good discipline for kids generally.</p>	<ul style="list-style-type: none"> <li>• What are your main limitations in this area?</li> <li>• What skills/ abilities are needed that you don't have?</li> <li>• Are there any resources (money, time, help) that you need?</li> <li>• What is not working in this area right now?</li> <li>• What personal traits are weaknesses in this area?</li> <li>• Do your intelligence preferences indicate a weakness in this area?</li> <li>• Does your motivational need level according to Maslow indicate a deficiency?</li> </ul>	<ul style="list-style-type: none"> <li>• What opportunities have you been?</li> <li>• Do your personality traits indicate any new opportunities?</li> <li>• What could you improve in this result area?</li> <li>• How can you take advantage of your strengths?</li> <li>• Do you have any weaknesses that may impede these goals?</li> <li>• What major change do you need?</li> <li>• Are there any special tools you can?</li> </ul>	<p><b>O</b>pportunities:</p> <p>Mum &amp; dad to give husband &amp; me more quality time.</p> <p>No work on weekends.</p> <p>Improve kids routines</p>	<ul style="list-style-type: none"> <li>• What external threats (changes to income, events, etc) could affect you negatively? How?</li> <li>• Are you facing any risks in this area if you continue along your current path?</li> <li>• What obstacles or roadblocks are in your way?</li> <li>• Do your personality traits indicate hidden threats?</li> <li>• Do any of your weaknesses increase the level of these threats or the impact?</li> <li>• What strengths do you have that could help you reduce the identified threats?</li> </ul>
	<p><b>W</b>eaknesses:</p> <p>Quality time?</p> <p>Energy level / fitness to play with the kids</p> <p>Kids routines not the best</p> <p>- eating</p> <p>- bedtime</p>	<p><b>T</b>hreats:</p> <p>Other demands on time.</p> <p>Energy.</p> <p>Kids routine if we don't make them better.</p> <p>Health change? :</p>			

# SWOT Analysis

Date: .....

Life Aspect: ..... *Personal* .....

<ul style="list-style-type: none"> <li>• What are your abilities, skills talents in this area?</li> <li>• Do you have any specialist knowledge?</li> <li>• What resources do you have? Who can you ask for help?</li> <li>• What is already working well in this area?</li> <li>• What personal traits are strengths in this area?</li> <li>• Do your intelligence preferences indicate a strength in this area?</li> </ul>	<p><b>S</b>trengths:</p> <p><i>Can already play piano, and own a piano.</i></p> <p><i>Musical &amp; spatial intelligences.</i></p>	<p><b>W</b>eaknesses:</p> <p><i>No time to do these things!</i></p> <p><i>Don't prioritise 'me' time.</i></p>	<ul style="list-style-type: none"> <li>• What are your main limitations in this area?</li> <li>• What skills/ abilities are needed that you don't have?</li> <li>• Are there any resources (money, time, help) that you need?</li> <li>• What is not working in this area right now?</li> <li>• What personal traits are weaknesses in this area?</li> <li>• Do your intelligence preferences indicate a weakness in this area?</li> <li>• Does your motivational need level according to Maslow indicate a deficiency?</li> </ul>
<ul style="list-style-type: none"> <li>• What opportunities have you been?</li> <li>• Do your personality traits indicate any new opportunities?</li> <li>• What could you improve in this result area?</li> <li>• How can you take advantage of your strengths?</li> <li>• Do you have any weaknesses that may impede these goals?</li> <li>• What major change do you need?</li> <li>• Are there any special tools you can?</li> </ul>	<p><b>O</b>pportunities:</p> <p><i>Develop art skills.</i></p> <p><i>Improve piano skills.</i></p>	<p><b>T</b>hreats:</p> <p><i>Not playing piano currently - will lose skill!</i></p> <p><i>No time to develop skills.</i></p>	<ul style="list-style-type: none"> <li>• What external threats (changes to income, events, etc) could affect you negatively? How</li> <li>• Are you facing any risks in this area if you continue along your current path?</li> <li>• What obstacles or roadblocks are in your way?</li> <li>• Do your personality traits indicate hidden threats?</li> <li>• Do any of your weaknesses increase the level of these threats or the impact?</li> <li>• What strengths do you have that could help you reduce the identified threats?</li> </ul>

# SWOT Analysis

Date: .....

Life Aspect: ..... Career .....



<ul style="list-style-type: none"> <li>• What are your abilities, skills talents in this area?</li> <li>• Do you have any specialist knowledge?</li> <li>• What resources do you have? Who can you ask for help?</li> <li>• What is already working well in this area?</li> <li>• What personal traits are strengths in this area?</li> <li>• Do your intelligence preferences indicate a strength in this area?</li> </ul>	<p><b>S</b>trengths:</p> <p>Good job - challenging &amp; interesting.          Logical intelligence ideal.          Well trained &amp; experienced.          Well respected.</p>	<p><b>W</b>eaknesses:</p> <p>Prono to boredom &amp; laziness.          A lot of time spent at work.</p>	<ul style="list-style-type: none"> <li>• What are your main limitations in this area?</li> <li>• What skills/ abilities are needed that you don't have?</li> <li>• Are there any resources (money, time, help) that you need?</li> <li>• What is not working in this area right now?</li> <li>• What personal traits are weaknesses in this area?</li> <li>• Do your intelligence preferences indicate a weakness in this area?</li> <li>• Does your motivational need level according to Maslow indicate a deficiency?</li> </ul>
<ul style="list-style-type: none"> <li>• What opportunities have you been?</li> <li>• Do your personality traits indicate any new opportunities?</li> <li>• What could you improve in this result area?</li> <li>• How can you take advantage of your strengths?</li> <li>• Do you have any weaknesses that may impede these goals?</li> <li>• What major change do you need?</li> <li>• Are there any special tools you can?</li> </ul>	<p><b>O</b>pportunities:</p> <p>Promotion - more challenge &amp; responsibility          Work overseas for different experience          Goal setting done as part of performance review.</p>	<p><b>T</b>hreats:</p> <p>Bad mistake or judgement can jeopardise job security.          Company goes bankrupt? Slow down in economy.</p>	<ul style="list-style-type: none"> <li>• What external threats (changes to income, events, etc) could affect you negatively? How</li> <li>• Are you facing any risks in this area if you continue along your current path?</li> <li>• What obstacles or roadblocks are in your way?</li> <li>• Do your personality traits indicate hidden threats?</li> <li>• Do any of your weaknesses increase the level of these threats or the impact?</li> <li>• What strengths do you have that could help you reduce the identified threats?</li> </ul>