

5WH for Career Development

5WH	Prompts	Your Response
What	What are your interests? What are your abilities? What do you enjoy? What makes you happy? What are your existing skills and qualifications and do you enjoy them? What is your passion? What do you want to achieve in your career – money, power, position? What does your HGMI test score indicate? What does your DOPE test indicate? What does your personal SWOT analysis indicate? What is your best career fit?	
Why	Why do you want to achieve the above?	
Where	Where do you want to live? Where do you want to work – office, outdoors?	
When	When do you want to work? How long do you want to work?	
Who	Who do you like working with – adults, customers, kids, animals? Do you like being part of a team or a team leader?	
How	How do you achieve this career? What steps do you need to take – training, gain experience, develop other skills, move to another city or town, arrange care for children, etc.? Are you prepared to do these things to get your career?	

Notes: Refer to the FREE Life Planning Program in the ToolBOX at www.achieve-goal-setting-success.com for the HGMI test, DOPE test and SWOT analysis templates.